

Havingness/Confront Checksheet

Life Tech. Bulletin of 4 April 2004

I.

1. Study Tape: Will to live and adjustment of the cycle of action in processioning. 6008C07

2. Clay demo what happens to the pc when you 'Shake out of him all the reasons he had to die'.

3. Demo: If one's attention is fixed on the solution and he refuses to confront the actual problem, he gets collapsed space.

II.

1. Study Tape: The Scale of Techniques 5703C05

2. Essay:

How necessity to have is not compatible with Communication

3. Demo: What is wrong with 'a whole group of pcs below the ability to run trio (obsessive change)

4. Demo: Why control is lower on the Scale of Techniques that havingness (If lose too much, get anxious about havingness, and try to alter-is to have. Obsessively change. The exercise of control (by auditor) takes over the automaticity of change and so tends to wipe out alteration and so make havingness possible)

III.

Study Tape: Reaching the Lowest Possible Process 5703C06

1. Demo: The oldest trick a Thetan knows is he does things to the other Thetan so that the other Thetan for just an instant won't have. Just an instant the other Thetan is introverted, just an instant the other Thetan has a problem. Hasn't got the environment when he's got a problem has he!?

2. Demo:

A person has got something he doesn't know about and isn't controlling it.

Demo the first action is for some other person to come up and exert control against that item so as to form an ability pattern which the individual could follow and then find again his ability to control it.

3. Essay:

How 'ought to be' works. (take control of the compulsive alter-isness substitute) `

IV

Study Tape: 'Ought to be 5703C07

1. Essay: Why the pc thinks there's something wrong with him.

2. Clay Demo:

Not isness as an effort to use alteration as a mechanism of disappearance

3. Demo: The reason you have problems is someone didn't want you to have the environment, so they gave you a problem which introverted you.

4. Essay: How hidden sources of change are the first entrance point to the case.

V.

1. HCOB 25 Aug, 60 Powerful pre-session additions

2. HCOB 26 Aug, 60 Regimen Two

3. HCOB 1 Sept, 60 Pre-session Two

4. HCOB 8 Sept, 60 The pre-sessions of the 1st St. Hill ACC

5. HCOB 15 Sept, 60 The Tone Arm

6. HCOB 23 Sept, 60 Order of Test Of havingness and confront commands

7. HCOB 28 Sept, 60 Tips on how to crack and HGC case

8. HCOB 6 Oct, 60 – R Thirty-Six new pre-sessions

9. HCOB 20 oct., 60 Theory 67

10. HCOB 27 Oct. ,60 Revised Case Entrance

11. HCOB 10 Nov. 60 Formula 13

12. HCOB 12 Nov., 60 Clearing Routine

13. HCOB 17 Nov., 60 Starting Cases

14. HCOB 1 Dec. 60 New Formulas

15. HCOB 15 Dec. 60 Pre-Session 37

16. HCOB 2 Mar. 60 Formula 20

17. HCOB 16 Feb 61 Formula 19

18. Pre-session 2 Patter

19. Possible C/S

VI.

REFERENCE HCOBS - Help Processes

1. HCOB 12 May 60 Help Processing (help o/w)

2. HCOB 10 JUNE 60 HGC PC assessment (concept help)

3. HCOB 14 July 60 Concept Help

VII

Reference HCOBS - Help Assessments

1. HCOB 16 June, 60 Hints on Running Case with Help

2. HCOB 21 July 60 Some Help Terminals

3. HCOB 4 Aug, 60 Regimen 1

4. Staff Auditors Conference 16 Feb. 59 Dynamic assessment, p. 407

5. HCOB 6 Mar 59 How to do a Diagnosis on Dyn. S/W
